



Andrea Naurath

Coach, trainer, qualified actress, non-medical psychotherapist

Andrea has worked as a freelancer since 1998 in a wide range of functions, professions and industries. Here is an overview of key focus areas:

Current positions

Since 2011 founder and owner of Voice-Dialogue Berlin coaching, seminars and training modules with the Voice Dialogue Method for coaches, therapists and other professions. Details about education and training below.

Freelance trainer and coach since 1999,

Certified (level PCC) by ICF (International Coaching Federation).

Clients: Otis, Lightcurve/Lisk, various leading strategic management consultancies, Phineo, Vattenfall GmbH, Cornelsen Verlag, Ohnsorgtheater Hamburg, CMS Hasche Sigle, Nürnberger Versicherung, DKB (Deutsche Kredit Bank), Telekom (T-Systems), TBWA, BBDO, Scholz & Friends Berlin, Pilot Media Hamburg, Tobit Software, DKJS (German Children and Youth Foundation) and others.

Since 2003 state license for professional practice of medicine without attestation limited to the field of psychotherapy according to the Heilpraktikergesetz (HP Psych) (non-medical practitioner law)

Since 2007 teaching for Bachelor and Master courses in English ("Creativity, Improvisation and Play" and "Rhetoric & Stylistics" focus on personality development) at the Karlsruhochschule International University, Karlsruhe

Before that, a wide range of topics at various colleges and universities since 2004 (including rhetoric, moderation, teambuilding, creativity, self-management, preparation for bachelor theses, etc.)

Since 2021 Club12 - group coaching format for self-employed and freelancers currently in English, German formats in planning. (www.club12-berlin.de)

Voice Dialogue education and training

1998 - 2004 Intensive work within the framework of the facilitator qualification as defined by the IVDA (<http://www.ivda.info>). The program included several modules including individual work (working on oneself/testing the Voice Dialogue method in one's own experience), demonstrations, group work and supervision - see certificate for details) with Ana Barner

2004 Intensive Training (5 days Aware Ego Process, Disowned Selves, Sessions, etc.) with Robert Stamboliev

2009 Big Mind big Heart Process (according to Genpo Roshi) with Ana Barner

2010 Relationship and the Psychology of Selves (7 days) with Hal & Sidra Stone

2010 Constellation (work with Bonding Patterns) with Ana Barner

2010 Energetics (work with Disowned Selves) with Ana Barner

2010 Inner Team (work Drivers, Critics, Rule Makers, Perfectionists) with Ana Barner

2010-2012 Advanced training in "Conscious Body Level I-IV" - working with body symptoms and trauma, (deepening in a specialization of Voice Dialogue) with Judith Hendin

2011 Working with vulnerability and bonding patterns with Ana Barner

2012 Relationship and the Psychology of Selves (7 days) with Hal & Sidra Stone - this was the last training Hal & Sidra gave.

2012 for advanced students deepening the accompaniment with Disowned Selves with Ana Barner

2012 International Voice Dialogue Convergence (4days) professional exchange with senior facilitator colleagues in France.

2013 Archeselves (work with collectives) with Ora Gavriely

2014 Advanced Bonding Patterns and Working with Couples with Ana Barner

2014 Private Sessions Intensive (5 days) with Hal & Sidra Stone

2015 Advanced Training for Senior Facilitators in "Group Facilitation and Principles of Nature" (in-depth training in a specialization of Voice Dialogue) with J'aime Ona Pangeia

2015 Working with Dreams with Martha Lou Wolff

2015 Aware Ego Process with Martha Lou Wolff

2016 Advanced Training for Senior Facilitators Supervision Training in "Group Facilitation and Principles of Nature", Working with Archetypes Patriarch and Matriarch with J'aime Ona Pangeia.

2018 Transpersonal and Souldialogue Ana Barner

2019 Advanced training for Senior Facilitators Supervision training in "Group Facilitation and Principles of Nature" with J'aime Ona Pangeia

Professional trainings and certifications

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| 2022 | Certified Coach, level PCC (Professional Certified Coach) by ICF (International Coaching Federation) |
| 2019 | EMDR (Eye Movement Desensitization and Reprocessing) Therapist, recognized by VDH /Verband Deutscher Heilpraktiker e.V. |
| 2003 | Permission to professionally practice medicine without a license limited to the field of psychotherapy according to the Heilpraktikergesetz (HP Psych) (Heilpraktiker law) |
| since 2000 | Continuing education as a Voice Dialogue Facilitator in the personality development method "Voice Dialogue" |
| 1995 | graduation as actress "Diplom" |
| 1991 - 1995 | Training in acting at the Berlin University of the Arts |
| 1989 - 1990 | Part-time employment as "student educator" at the boarding school Pädagogium Godesberg Bonn |
| 1988 - 1991 | studies of German and Romance languages and literature at the Friedrich-Wilhelm University Bonn |

Languages

German and English (fluent in spoken and written)